



**Volunteer for....**

Volunteers use  
our FREE  
VOLUNTEER APP  
to chat, browse  
opportunities,  
claim expenses  
& log hours

Clear  
Volunteer roles are  
flexible & developed to  
meet your skills &  
interests  
You will receive  
Supervision, Training,  
out of pocket  
expenses

### Clear Volunteers

support adults who have mental health needs  
including dementia. Encouraging clients to  
access groups within Clear  
and the local community,

**For more information on Clear, check  
out our website using the QR code.**





"Volunteering opportunities are varied, flexible and interesting"

"Staff support you if you want to be involved in running a new project"

"Volunteers are checked in with. You feel genuinely appreciated"



**VIEW OPPORTUNITIES  
AND APPLY AT**

**[search.volunteero.org/clear](https://search.volunteero.org/clear)**

**or email [abi.macdonald@inspirenorth.co.uk](mailto:abi.macdonald@inspirenorth.co.uk)**

