



Timetable October - December 2026

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Social Media - Follow us on:
Facebook - <https://facebook.com/clearkirklees>
and Instagram @Clear_Kirklees



**Scan QR code for
more group info on our
website**

October

Monday	Mindful Mondays Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX Beat the Monday Blues Mens Peer Support Group Hearing Voices Peer Support Group	11am - 1pm 1pm - 2pm 2.30pm - 4.30pm 5.30pm - 7pm
Tuesday	Tranquil Tuesdays Time Travel Tuesdays	1pm - 2.30pm 5.30pm - 7pm
Wednesday	Warholl Wednesday Creative writing 14th & 28th October	11am - 12pm 5.30pm - 7pm
Thursday	Scrap Journal Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ 18-30 Group All groups are cancelled 8th October for the LANTERN PARADE	1pm - 3pm 5.30pm - 7pm
Friday	Art Group Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ All Together	11am - 1pm 1pm 3pm
Saturday	Arts/crafts/social and board games	10.30am - 12.30pm & 1.30pm - 3.30pm
Sunday	Ten Pin Bowling Huddersfield - 25th	12pm - 2pm

November

Monday	Mindful Mondays <i>Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX</i> Beat the Monday Blues Mens Peer Support Group Hearing Voices Peer Support Group	11am - 1pm 1pm - 2pm 2.30pm - 4.30pm 5.30pm - 7pm
Tuesday	Tranquil Tuesdays Time Travel Tuesdays	1pm - 2.30pm 5.30pm - 7pm
Wednesday	Warhol Wednesday Creative writing <i>11th & 25th November</i>	11am - 12pm 5.30pm - 7pm
Thursday	Scrap Journal <i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i> 18-30 Group	1pm - 3pm 5.30pm - 7pm
Friday	Art Group <i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i> All Together	11am - 1pm 1pm 3pm
Saturday Sunday	Arts/Crafts/Social and Board Games Drop in A Marsden Gander - 8th	10.30am - 12.30pm & 1.30pm - 3.30pm 1pm - 3pm

December

Mindful Mondays

Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX

11am - 1pm

Beat the Monday Blues

1pm – 2pm

Mens Peer Support Group

2.30pm – 4.30pm

Hearing Voices Peer Support Group

5.30pm – 7pm

Monday

Tranquil Tuesdays

1pm – 2.30pm

Time Travel Tuesdays

5.30pm – 7pm

Tuesday

Warhol Wednesdays

11am – 12pm

Creative writing 9th & 23rd December

5.30pm – 7pm

Wednesday

Scrap Journal

*Held at Carers Count 4th Floor Empire House, Wakefield Road,
Dewsbury, WF12 8DJ*

1pm - 3pm

18-30 Group

5.30pm – 7pm

Thursday

Art Group

*Held at Carers Count 4th Floor Empire House, Wakefield Road,
Dewsbury, WF12 8DJ*

11am - 1pm

All Together

1pm - 3pm

Friday

Arts/Crafts/Social and Board Games Drop in

**10.30am - 12.30 pm
&
1.30pm - 3.30pm**

Saturday

Activities, Trips and Events

*Please contact a worker to sign up and see posters
in service for more info*

October

Inner glow	Tuesday 6 th 10.30am - 12.30pm
LANTERN PARADE	Thursday 8 th 4.00pm - 7.00pm
Ten Pin Bowling Hudds	Sunday 25 th 12.00pm - 2.00pm
Halloween Fun	Saturday 31 st drop in sessions

November

A Marsden Gander	Sunday 8 th 1pm - 3pm
Lala's night out	Wedsday 18 th 6pm - 8pm
Eden Event	Thursday 26 th 10.00am - 14.00
Book Binding	Friday 20 th & 27 th 10.00am - 12.00

December

Wreath Making	Thursday 3 rd 1.00 - 3.00 cost £15.00
Book Binding	Friday 4 th 10.00am - 12.00
Halifax Piece Hall	Friday 11 th 10.30am meet at CLEAR
German Market - Piece Hall	Thursday 17 th 10.00am meet at CLEAR

Inner Glow

Tuesday 6th October at Carers Count, Empire House, Dewsbury - 10.30 am - 12.30pm opposite the Town Hall.
Requested by clients - we will explore the notion of 'unconditional love' and what that can be for recovery.

Ten Pin Bowling

Sunday 25th October meet at the CLEAR entrance at noon to walk over to Kingsgate arcade and have a go at Ten Pin Bowling. £12.00 per game set per person. Sign up via staff

Special Saturday Session Halloween

Saturday 31st October the usual Saturday drop-in sessions will take place... with a Halloween theme! Feel free to show up dressed for Halloween

A Marsden Gander

Sunday 8th November 1.00pm -3.00pm Meet outside the CLEAR office entrance 1.00pm to get the train together and visit the rural village of Marsden. Sign up via staff

Lala's night out

Wednesday 18th November 6pm - 8pm Meet at the CLEAR entrance at 6pm to go over for a South Asian feast of choice. Approximately £20.00 per person. Sign up via staff

Eden Event

Thursday 26th November 10.00 - 2.00pm See notice board poster for further details on meet up time and cost.
Sign up via staff

Wreath Making

Thursday 3^{rs} 1.00pm - 3.00pm Get ready for some festive fun making your own wreath using natural materials. Feel free to bring your decorative or foraged items. Sign up via staff.

Book Binding

Clients need to sign up and attend all 3 sessions. 6 places available – then a reserve list
Make your own book for yourself or for a friend. Learn the art of crafting a basic book from start to finish over 3 client led sessions, based on their years of practice and endeavour.

Dates: Fridays November 20th & 27th December 4th 10.00am - 12.00 Huddersfield

Piece Hall Halifax

Friday 11th December meet at CLEAR 10.30am to then get the bus to Halifax. Bring spending money as you wish.
£2.50 bus fare each way or £6.00 for a day rider bus ticket. Sign up via staff

German Market - Piece Hall Halifax

Thursday 17th Dec. Experience the wonder of Halifax's historic Georgian courtyard transformed into a festive winter wonderland, featuring over 50 independent artisan stalls, live music, and seasonal food and drink. Sample the sights, sounds and aromas as you get in touch with your inner Rudolph!

After Anger Group

Join with other clients who have attended the 6 week anger course at CLEAR to catch up on how the course has impacted your day to day. Also it is a space to recap on any techniques from the course you feel would like to re-cap on and gain peer to peer support on helping to maintain changes. ONLY ACCESSIBLE TO CLIENTS WHO HAVE COMPLETED THE ANGER COURSE.

Thursday 5th November 2026 5.30pm - 7.00pm - Dates in 2027: 4th February & 6th May

Cooking Group for Ethnically diverse people

Wednesdays: See notice board for dates. Meet at CLEAR 10.15am to go to St John's Resource Centre, 29 St John's road, HD1 5DX or meet at the venue at 10.30am. We will prepare, cook and eat together. All ingredients are provided. We will cook vegetarian. We will explore tastes & flavours from around the world with a new recipe each month. Come and enjoy food together.

[Cooking Group for People from Ethnically Diverse Backgrounds.](#)

Get involved with CLEAR and Inspire North

We have lots of Co-production and involvement opportunities across Clear and our parent company - Inspire North; including our Timetable Planning meetings, Client Focus groups, Recruitment and Selection Training and Client Voice panel. Some of these are paid opportunities. Ask Staff for more details.

Check our notice boards for:

Groups, Events, Projects, Activities and Courses.

[CLEAR is CLOSED on Bank Holiday Mondays](#)