

“stability, confidence, and hope for the future...”

BACKGROUND

Matthew came into contact with Inspire North through the Young Person's Pathway service, which supports young people aged 16–25 who are homeless or at risk of homelessness. Before receiving support, Matthew was living in temporary emergency hotel accommodation following a crisis at home that meant he could no longer return to the family property. Referred through the local authority, he describes this period of his life as unstable and difficult, leaving him uncertain about his future.

After several months in emergency accommodation, Matthew moved into Inspire North's supported accommodation service.

A turning point that gave him stability, support, and the opportunity to rebuild his confidence and independence...

SUPPORT FROM INSPIRE NORTH

During his time with Inspire North, Matthew received both practical and emotional support to help him move toward independent living.

The team supported him to:

- Register with a local GP and access mental health support
- Connect with community organisations and volunteering opportunities
- Develop independent living skills
- Navigate the housing application and bidding process

Staff also helped Matthew build confidence in managing day-to-day responsibilities, including maintaining a home, organising paperwork, communicating with services, and setting up bills independently.

With encouragement, Matthew bid on a property himself and successfully secured his own one-bedroom home.

Alongside this, Inspire North supported him into volunteering, helping him gain structure, confidence, and a sense of purpose within the community.

IMPACT ON MATTHEW'S LIFE

The difference Inspire North has made to Matthew's life has been significant. Matthew describes feeling "so happy" and "excited to start a new life" since moving into his own home. Staff saw him grow in confidence throughout his time with the service, becoming increasingly proactive and independent. For Matthew, Inspire North provided more than accommodation, it gave him the support, stability, and belief that a better future was possible.

BEFORE INSPIRE NORTH

- Homeless and living in temporary accommodation
- Experiencing instability and mental health challenges
- Lacking confidence and independent living skills
- Unsure how to manage housing or adult responsibilities

NOW

- Living independently in his own home
- Volunteering at a library within the community
- Managing his own bills and responsibilities
- More confident, independent, and optimistic about the future
- Better connected to healthcare and support services

MATTHEW'S FINAL REFLECTION

Reflecting on his journey, Matthew believes he would not have secured his own home or developed the confidence he has today without Inspire North's support.

Now living independently and volunteering within the community, he is beginning a new chapter of life with greater stability, confidence, and hope for the future.

FIND OUT MORE

To learn more about our work or to share your own story, please visit www.inspirenorth.co.uk.
For further information, contact us at info@inspirenorth.co.uk.