



# **Timetable July - September 2026**

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**Social Media - Follow us on:**  
Facebook - <https://facebook.com/clearkirklees>  
and Instagram @Clear\_Kirklees



**Scan QR code for  
more group info on our  
website**

# July

|                                                      |                                                                                                                                                                                                            |                                                                                                 |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <b>Monday</b>                                        | <b>Mindful Mondays</b><br><i>Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX</i><br><b>Beat the Monday Blues</b><br><b>Mens Peer Support Group</b><br><b>Hearing Voices Peer Support Group</b> | <b>11am - 1pm</b><br><br><b>1pm – 2pm</b><br><b>2.30pm – 4.30pm</b><br><b>5.30pm – 7pm</b>      |
| <b>Tuesday</b>                                       | <b>Tranquil Tuesdays</b><br><br><b>Time Travel Tuesdays</b>                                                                                                                                                | <b>1pm – 2.30pm</b><br><br><b>5.30pm – 7pm</b>                                                  |
| <b>Wednesday</b><br><br><b>Wednesday fortnightly</b> | <b>Warhol Wednesdays</b><br><br><b>Creative writing</b><br><i>July 8<sup>th</sup> &amp; 22<sup>nd</sup></i>                                                                                                | <b>11am – 12pm</b><br><br><b>5.30pm - 7pm</b>                                                   |
| <b>Thursday</b>                                      | <b>Scrap Journal</b><br><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i><br><b>18-30 Group</b>                                                                       | <b>1pm - 3pm</b><br><br><b>5.30pm – 7pm</b>                                                     |
| <b>Friday</b>                                        | <b>Art Group</b><br><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i><br><br><b>All Together</b>                                                                      | <b>11am - 1pm</b><br><br><br><b>1pm 3pm</b>                                                     |
| <b>Saturday</b><br><br><b>Sunday</b>                 | <b>Arts/Crafts/Social and Board Games</b><br><b>Drop in</b><br><br><b>2nd Sunday of every month</b><br><i>Rest Stop, 25 Trinity street, Batley, WF17 7JZ</i><br><br><b>Beaumont Park Gala 26th</b>         | <b>10.30am – 12.30pm &amp; 1.30pm – 3.30pm</b><br><br><b>11am - 1pm</b><br><br><b>12-2.00pm</b> |

# August

|                                 |                                                                                                                                                                                                                                                                                                                |                                                                                                           |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| <b>Monday</b>                   | <p><b>Mindful Mondays</b></p> <p><i>Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX</i></p> <p><b>Beat the Monday Blues</b></p> <p><b>Mens Peer Support Group</b></p> <p><b>Hearing oices Peer Support Group</b></p> <p><u>Bank Holiday Monday 31<sup>st</sup> groups are <b>cancelled</b></u></p> | <p><b>11am - 1pm</b></p> <p><b>1pm – 2pm</b></p> <p><b>2.30pm – 4.30pm</b></p> <p><b>5.30pm – 7pm</b></p> |
| <b>Tuesday</b>                  | <p><b>Tranquil Tuesdays</b></p> <p><b>Time Travel Tuesdays</b></p>                                                                                                                                                                                                                                             | <p><b>1pm – 2.30pm</b></p> <p><b>5.30pm – 7pm</b></p>                                                     |
| <b>Wednesday</b>                | <p><b>Warhol Wednesdays</b></p>                                                                                                                                                                                                                                                                                | <p><b>11am – 12pm</b></p>                                                                                 |
| <b>Wednesday</b><br>fortnightly | <p><b>Creative writing</b></p> <p><i>August 5<sup>th</sup> &amp; 19th</i></p>                                                                                                                                                                                                                                  | <p><b>5.30pm - 7pm</b></p>                                                                                |
| <b>Thursday</b>                 | <p><b>Scrap Journal</b></p> <p><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i></p> <p><b>18-30 Group</b></p>                                                                                                                                                            | <p><b>1pm - 3pm</b></p> <p><b>5.30pm – 7pm</b></p>                                                        |
| <b>Friday</b>                   | <p><b>Art Group</b></p> <p><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i></p> <p><b>All Together</b></p>                                                                                                                                                               | <p><b>11am - 1pm</b></p> <p><b>1pm 3pm</b></p>                                                            |
| <b>Saturday</b>                 | <p><b>Arts/Crafts/Social and Board Games</b></p> <p><b>Drop in</b></p>                                                                                                                                                                                                                                         | <p><b>10.30am – 12.30pm &amp; 1.30pm – 3.30pm</b></p>                                                     |
| <b>Sunday</b>                   | <p><b>2nd Sunday of every month</b></p> <p><i>Rest Stop, 25 Trinity street, Batley, WF17 7JZ</i></p>                                                                                                                                                                                                           | <p><b>11am - 1pm</b></p>                                                                                  |
| <b>Sunday</b>                   | <p><b>Food &amp; Drink Festival Huddersfield 23rd</b></p>                                                                                                                                                                                                                                                      | <p><b>1pm - 3pm</b></p>                                                                                   |



# September

|                                          |                                                                                                                                                                                                             |                                                                                                    |
|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>Monday</b>                            | <b>Mindful Mondays</b><br><i>Held at Connect Housing, 21 Bond Street, Dewsbury, WF13 1AX</i><br><b>Beat the Monday Blues</b><br><b>Mens Peer Support Group</b><br><b>Hearing Voices Peer Support Group</b>  | <b>11am - 1pm</b><br><br><b>1pm – 2pm</b><br><br><b>2.30pm – 4.30pm</b><br><br><b>5.30pm – 7pm</b> |
| <b>Tuesday</b>                           | <b>Tranquil Tuesdays</b><br><br><b>Time Travel Tuesdays</b>                                                                                                                                                 | <b>1pm – 2.30pm</b><br><br><b>5.30pm – 7pm</b>                                                     |
| <b>Wednesday</b><br><br><b>Wednesday</b> | <b>Warhol Wednesdays</b><br><br><b>Creative writing</b><br><i>Sept 2<sup>nd</sup> / 16<sup>th</sup> / 30<sup>th</sup></i>                                                                                   | <b>11am – 12pm</b><br><br><b>5.30pm - 7pm</b>                                                      |
| <b>Thursday</b>                          | <b>Scrap Journal</b><br><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i><br><br><b>18-30 Group</b>                                                                    | <b>1pm - 3pm</b><br><br><b>5.30pm – 7pm</b>                                                        |
| <b>Friday</b>                            | <b>Art Group</b><br><i>Held at Carers Count 4th Floor Empire House, Wakefield Road, Dewsbury, WF12 8DJ</i><br><br><b>All Together</b>                                                                       | <b>11am - 1pm</b><br><br><b>1pm 3pm</b>                                                            |
| <b>Saturday</b><br><br><b>Sunday</b>     | <b>Arts/Crafts/Social and Board Games</b><br><b>Drop in</b><br><br><b>2nd Sunday of every month</b><br><i>Rest Stop, 25 Trinity street, Batley, WF17 7JZ</i><br><br><b>Greenhead Park Autmn Walk - 27th</b> | <b>10.30am – 12.30pm &amp; 1.30pm – 3.30pm</b><br><br><b>12 - 2.00pm</b><br><br><b>11am - 1pm</b>  |

# Activities, Trips and Events

*Please contact a worker to sign up and see posters  
in service for more info*

## July

**Clearly offside....**

**Monday 13<sup>th</sup>** 4.30pm-6pm

**Cooking Group  
for Ethnicaly diverse people**

**Wednesday 15<sup>th</sup>** 10.30am - 12.30pm  
Meet at CLEAR 10.15am

**Digley Reservoir Walk**

**Friday 24<sup>th</sup>** 10.00am- 2.00pm

**Beaumont Park Gala**

**Sunday 26<sup>th</sup>** 12 - 2.00pm

**Barge Trip Mirfield  
(currently full)**

**Wednesday 29<sup>th</sup>** full day

## August

**Food & Drink Festival  
Huddersfield**

**Sunday 23<sup>rd</sup>** 12 - 2.00pm

**Cooking Group  
for Ethnically diverse people**

**Wednesday 26<sup>th</sup>** 10.30-12.30pm  
Meet at CLEAR 10.15am

Bank Holiday Monday 31<sup>st</sup> groups are **cancelled**

## September

**Client Involvement**

**Thursday 3<sup>rd</sup>** 12.00 - 1.00pm

**Spider plant potting**

**Monday 14<sup>th</sup>** 3.30pm - 4.30pm

**Ponderosa trip**

**Friday 18<sup>th</sup>** 10.30am - 3.30pm

**Cooking Group  
for Ethnically diverse people**

**Wednesday 23<sup>rd</sup>** 10.30-12.30pm  
Meet at CLEAR 10.15am

**Autumn Walk  
Greenhead Park**

**Sunday 27<sup>th</sup>** 11.00am - 1.00pm



# Clearly offside!....

Monday July 13<sup>th</sup> - Eradicate 30 years of hurt (the song) with a 90 minute game of World Cup Trivia, World cup highlights and put your predictions on for who will win the Worl Cup Final!

## Digley Reservoir Walk

Meet at CLEAR 10.00am to get the bus to Holmbridge. Bring bus fare, a picnic and water. It is an accesible 1 mile walk around the beautiful Digley Reservoir.

## Cooking Group for Ethnicaly diverse people

Wednesday: July 15<sup>th</sup> / August 26<sup>th</sup> / September 23<sup>rd</sup> - 10.30am - 12.30pm Meet at CLEAR 10.15am to go to St John's Resource Centre, 29 St John's road, HD1 5DX. We will prepare, cook and eat together. All ingredients are provided. We will cook vegetarian and halal. We will explore tastes & flavours from around the world with a new recipe each month. Come and enjoy food together.

For people from ethnically diverse backgrounds

## Summer Sundays

July 26<sup>th</sup> - Beuomot Park Gala

August 23<sup>rd</sup> - Food & Drink Festival Huddersfield

September 27<sup>th</sup> - Greenhead Park Autumn Walk

Batley Sundays at Rest Stop, Batley every 2<sup>nd</sup> Sunday of the month

## Spider Plant Potting

Come and plant a sdpider plant to take home and watch iot grow! R3 Huddersfield

CLEAR Monday 14<sup>th</sup> September 3.30pm - 4.30pm

## Client Involvement

Have your say, tell us what you want trips you would like to do, what ideas you may have and projects you would like to see take off! At Carers Count Empire House - Dewsbury

Thursday 3<sup>rd</sup> September 12- 100pm

## Ponderosa Trip

Enjoy visiting the therapeutic zoo in Heckmondwike Friday 18<sup>th</sup> September. £6.00 to secure your place. We have 15 spaces. Sign up before August 1st

## Ask us about how you can get involved with CLEAR and Inspire North...

We have lots of Co-production and involvement opportunities across Clear and our parent company - Inspire North; including our Timetable Planning meetings, Client Focus groups, Recruitment and Selection Training and Client Voice panel. Some of these are paid opportunities. Ask Staff for more details.

**Check our notice boards regularly for upcoming  
Groups, Events, Projects, Activities and Courses.  
CLEAR is CLOSED on Bank Holiday Mondays**