

## Volunteer Role Description

### Maltings Close, Leeds

<b>Post:</b>	Mental Health Support Volunteer
<b>Salary:</b>	Unpaid
<b>Accountable to:</b>	Diana Piwowarska
<b>Responsible for:</b>	N/A
<b>Location:</b>	Maltings Close, 27 Maltings Road, LS11 5DT.

#### About Maltings Close:

Maltings Close is in Beeston, Leeds. We have staff on site 24/7. Maltings Close has three types of support and accommodation that can support people for up to two years at a time. The accommodation is made up of 4 hostel bedrooms, 6 bedsits and two independent properties in the local area. We also provide community support in the local area. We value peer-to-peer support and aim to have a regular routine of communal activities.

#### Aims of the service

We aim to provide support to give people time to develop independent living and wellbeing skills. The support offered is tailored to individual needs, with a focus on independence, developing skills and enhancing individual strengths to enable independent living. We aim to support residents to live self-sufficiently in the community at the point where they move on to their own accommodation.

We support people 18 years+ who have a mental health or personality disorder diagnosis. Clients are expected to get involved in the running of the hostel and the decisions that affect them, with emphasis on building a supportive community.

Clients will be allocated a keyworker; however, we take a team approach and all staff are involved in day to day support of residents. The keyworker will work with the individual to co-produce a support plan based on individual strengths and goals. We use the Outcome Star to help the individual monitor their progress.

#### Training:

We will provide you with any training you require to ensure you are confident and ready to volunteer.

Our training team provide a wide range of courses covering mental health and personal development. Volunteers can access Community Links Training free of cost on completion of mandatory induction training and attendance. Volunteers can also access our preferred online training platform free of cost.

## **Outline of the Role:**

**We've outlined some key tasks for this role. Depending on experience we can offer an introductory approach to volunteering with us.**

### **Is it for me?**

We are looking for dynamic and enthusiastic people to work with us on a volunteer basis within our small friendly team. The number of hours and working pattern is flexible. This role is an exciting opportunity to expand your skills and gain valuable experience. We are looking for volunteers to help us support clients to live healthy, safe, and independent lives.

### **Main tasks include:**

- Establishing a rapport with clients by having conversations and listening.
- Supporting clients to participate in a community environment – this might include supporting clients to maintain a clean environment and joining in on some light housework.
- Supporting clients to find out information about their local area such as groups and classes.
- Attending local groups and classes with a client.

### **Skills needed:**

- Ability to work in professional manner when communicating and being able to display empathy.
- Ability to work in line with our policies and guidelines including professional boundaries.
- Good verbal communication skills.
- Self-motivated and good timekeeper.
- Make decisions independently, knowing when to seek advice from a supervisor.

### **Benefits to you:**

- We offer regular supervision, training and development opportunities.
- Hours can be flexible to fit around your other commitments.
- Out of pocket expenses are reimbursed.
- You will be valued, appreciated, and supported to develop and learn.
- Potential for access to future employment opportunities such as bank staff (interview required).

To apply for this volunteer role please complete the Inspire North [Volunteer Application Form](#) accompanying this role description.

If you have any questions about the volunteer role, please contact Duncan, Volunteer Lead on [Duncan.Wahuho@commlinks.co.uk](mailto:Duncan.Wahuho@commlinks.co.uk) or by text on 07593558485.