

## Foundation Child Therapeutic Service – Space to Share

### Student Therapist Volunteer – Role Profile

<b>Post:</b>	Student Therapist Volunteer
<b>Salary:</b>	Unpaid out of pocket expenses reimbursed (travel)
<b>Accountable to:</b>	Team Leader / Service Manager
<b>Responsible for Location:</b>	Selby District and across North Yorkshire

<p><b>What is Space to Share</b></p> <p>Space to Share is for children aged 5 to 17 years who have experienced domestic abuse and live in the North Yorkshire area. The service is only suitable for children who are no longer experiencing domestic abuse and are in a safe and secure environment.</p> <p>The service delivers a children’s psychotherapeutic counselling model of therapy. This model draws upon many theories and uses them to adapt to an individual child’s needs regardless of age or development stage. It provides various therapeutic interventions to alleviate the impact of domestic abuse. The service offers children and young people the opportunity to process their feelings around domestic abuse. The therapeutic approach will enable young people to begin to understand their feelings, build resilience and develop their own strategies to support their wellbeing.</p>
<p><b>Role description:</b></p> <p>The role of Student Therapist Volunteer includes:</p> <ul style="list-style-type: none"> <li>• Responsible for a small caseload of children/young people to whom you will deliver high quality tailored therapeutic intervention by providing a coordinated package of therapy and that takes individual preferences and needs of the child into account.</li> <li>• To promote positive change in the child/young person and supports them and their families.</li> <li>• Receiving and processing referrals, in line with current practice guidelines and contractual requirements.</li> <li>• Ensure all necessary records are properly maintained, in line with policies and procedures.</li> <li>• To receive and participate in regular clinical supervision from an appropriately qualified systemic clinical supervisor to ensure quality of professional practice.</li> <li>• Maintain clear professional, personal, and therapeutic boundaries.</li> <li>• Participate in regular supervision, team meetings and other meetings as required.</li> <li>• Represent Inspire North in a knowledgeable and professional manner at all times.</li> </ul>

- Maintain the confidentiality and privacy required by the child/young person and significant others, meeting both legal and ethical standards and therapeutic aims and goals.
- To engage in professional development that ensures that CPD requirements are met for any relevant governing body, for example UKCP.

The volunteer role is expected to attend one day per week for a maximum of 8 hours.

**Requirements:**

- This role is subject to Enhanced DBS.
- Have access to a car or work purposes and hold a full current UK driving licence.
- Be working towards a relevant children’s counselling/therapist qualification that is registered with a relevant governing body for example UKCP, BACP, BAPT, BAAT, TACT.
- Able to manage a caseload, deliver support and maintain records as per requirements of the service contract and internal performance management requirements.

Please note this role profile is intended to provide a guide to the general duties and responsibilities of the role. You will be expected to adopt a flexible approach to tasks. It should not be regarded as a contractual document. It is reviewed regularly and may be varied at the discretion of Inspire North.

**Why be a Student Therapist Volunteer?**

- Provides a work placement to progress your professional qualifications.
- Build skills and experience in planning activities.
- Out of pocket expenses are reimbursed.
- Access to free training to support you in your role and personal development.
- Ongoing support and supervision provided to develop confidence in your role.
- Support and meet other therapists.

**Training:**

Our training team provide a wide range of courses covering personal development. Volunteers can access our online training platform free of cost.

We will help to ensure your knowledge of domestic abuse is kept up to date in line with current best practice and is supported by an evidence-based training session.

Volunteers will receive a comprehensive induction to the service, further ongoing training will be provided to support you in your role.

Regular supervision is included in our offer of support.

To apply for this volunteer role please complete the Inspire North/Foundation Volunteer Application Form accompanying this role description.

If you have any questions about the volunteer role, please contact Susan Baker, Victim Liaison Officer on [Susan.Baker@foundationuk.org](mailto:Susan.Baker@foundationuk.org) or 07774 741310.